

# How to Pray

There is a lot happening in the world right now, but we believe that there is an invitation to partner with heaven's perspective. It's a great time for us to read and pray God's promises – to stand, to trust, and pray. Let's read Psalm 91 daily and pray for this over our families and cities. Here are some of the declarations that we're making, and prayers we're praying from this passage:

## **Our Declaration (Psalm 91:2)**

"I will say of the Lord, 'He is my refuge and my fortress, My God, in Him I will trust.'"

## **Promises to Stand On**

No evil shall befall you, nor shall any plague come near your dwelling. (Psalm 91:10)

For He shall give His angels charge over you, to keep you in all your ways. (Psalm 91:11)

You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot. (Psalm 91: 13)

## **Things to Pray:**

- That Jesus as the Prince of Peace will reign over our homes and city, that we will walk in great peace and bring it everywhere we go.
- For protection and deliverance from the coronavirus, from its effects, and from the swirl of fear around it.
- For healing for the people and families that are infected with this virus.
- For protection, strength, and wisdom to our health care providers, city and government leaders.
- For peace, strength, and protection over our senior citizens, and those with any health issues.

- For the coronavirus to dissipate and end quickly.
- For the economy and for business owners, that You will provide a way through this.

## **DECLARATIONS FOR HEALTH, PROTECTION, PEACE, AND HEALING BY SHAWN BOLZ**

### **HEALTH & PROTECTION DECLARATIONS FOR CORONAVIRUS**

**“The Lord will protect you from all sickness.” Deuteronomy 7:15**

The Lord protects me from all Coronavirus and sickness.

**“Worship the LORD your God, and His blessing will be on your food and water. I will take away sickness from among you...” Exodus 23.25**

Thank you Lord that you take away Coronavirus sickness from me, my family, and my neighborhood, workplace, and city.

**“He took up our infirmities and bore our diseases.”**

**Matthew 8:17**

Jesus took my infirmities and bore Coronavirus for me.

**“But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was on Him, and by His wounds we are healed.”**

**Isaiah 53:5**

Jesus was pierced for my transgressions, He was crushed for my iniquities; the punishment that brought me peace was on Him, and by His wounds I am healthy and if Coronavirus sickness comes near me, I am healed.

**“By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus’ name and the faith that comes through Him that has completely healed Him, as you can all see.” Acts 3:16**

By faith in the name of Jesus, I am made strong. My immune system is strong. My preventative wisdom is strong. It is Jesus’

name and the faith that comes through Him that has completely healed me.

## REJECTING FEAR ABOUT CORONAVIRUS

**“For God will never give you the spirit of fear, but the Holy Spirit who gives you mighty power, love, and self-control.”**

**2 Timothy 1:7**

God thank you that I have your Spirit that gives me might power, love and the ability to be self-controlled. Thank you that I do not have a spirit of fear and I pray that any spirits of fear or panic will be far from me.

**“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”** Philippians 4:6-7

I declare and decree that I will not be anxious about the Coronavirus. I refuse to carry the weight of fear and anxiety and agree with the lies of the enemy, misinformation, or human panic. I choose to stand on the Word of God and walk in supernatural faith in regards to this virus outbreak. The peace of God stands guard over my mind, and heart, and my body, and He will keep me safe.

**“You will keep in perfect peace those whose minds are steadfast, because they trust in you.”** Isaiah 26:3

Father God is my mind keeper, and He will keep my mind regarding the Coronavirus in perfect peace. I desire to walk in the supernatural peace of God because I embrace His truth and trust in Him. I declare that cyclical thoughts of fear will not circle through my mind. I also declare that I will not be compulsive in my thoughts regarding the Coronavirus.

**“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”** Matthew 11:28-30

I come before You, Lord – totally undone and vulnerable about my fear. My load is too heavy for me when I process the Coronavirus, and I need You. I choose to take Your yoke of peace about this sickness and wisdom upon my shoulders about how to live my life during this outbreak and embrace Your rest for my soul.

**“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.” 2 Corinthians 10:3-5**

I know I walk in the flesh where Coronavirus threatens me, but I do not war in the flesh. My weapons are mighty through God and I have the resurrected Jesus Christ within me. I have the power to pull down the stronghold of Coronavirus over my family, and I choose to cast down every imagination about this virus that torments my mind. I command every thought about Coronavirus to line up with the Word of God and become obedient to Christ.

**HEALING PRAYER: FOR HEALTH, PROTECTION, PEACE, AND HEALING FOR CORONAVIRUS**

**“Praise the Lord, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases.”**

**Psalm 103:2-3**

Praise you Lord, my soul, I won't forget any of your benefits—you forgive all my sins and you heal all my diseases. Thank you that you will heal Coronavirus in my family and in my body.

**“Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.” Jeremiah 33:6**

God will bring health and healing to me; He will heal me and will let me enjoy abundant peace and security.

**“Heal me, Lord, and I will be healed; save me and I will be saved, for you are the one I praise.” Jeremiah 17:14**

Heal me, Lord and I will be healed; save me and I will be saved, for you are the one I praise.

**“He sent out His word and healed them; he rescued them from the grave.” Psalm 107:20**

Thank you Lord for your Word that heals me.

**“I will not die but live.” Psalm 118:17**

I will not die by Coronavirus but live.

**“But I will restore you to health and heal your wounds.” Jeremiah 30:17**

Jesus restores me to health and heals all my wounds.

**“I am the one who gives them reason to celebrate.**

**Complete prosperity is available both to those who are far away and those who are nearby,” says the LORD, “and I will heal them.” Isaiah 57:19**

You give me reason to celebrate. Complete prosperity is available to me and you will heal me.

## **25 More Coronavirus Declarations**

Declarations are faith statements about what is true regardless of our current experience. The following verses illustrate our need to stay in faith as we pray, and the declarations below will help us to do just that.

“Therefore I say to you, all things for which you pray and ask, believe that you have received them, and they will be *granted* you” (Mark 11:24).

“This is the confidence which we have before Him, that, if we ask anything according to His will, He hears us. And if we know that He hears us *in* whatever we ask, we know that we have the requests which we have asked from Him” (1 John 5:14-15).

1. I will thrive no matter what happens. (Philippians 4:11-13)
2. My God is meeting all my emotional needs, financial needs, health needs, protection needs, relational needs, strength

needs, wisdom needs, and every other need I have.  
(Philippians 4:19)

3. Because of my covenant with God, the coronavirus will not affect me or my loved ones. (Psalm 91)
4. No weapon formed against me will prosper. (Isaiah 54:17)
5. I know what I am supposed to do and what I am not to do at this time. (James 1:5)
6. I supernaturally bring physical healing to others. (Mark 16:17)
7. God's people are humbling themselves, praying, and turning from their wicked ways, and our land is being healed as a result. (2 Chronicles 7:14)
8. My prayers for our local and national leaders are bringing breakthrough, wisdom, and peace. (1 Timothy 2:1-4)
9. The name of Jesus is greater than the name of coronavirus. (Philippians 2:9)
10. I do not worry about anything but in everything through prayer and thanksgiving, I possess the peace of God which guards my heart and mind in Christ Jesus. (Philippians 4:6-7)
11. My prayers are positively influencing my nation concerning the coronavirus. (James 5:17-18)
12. I am now incredibly arising and shining with love and solutions for the world around me. (Isaiah 60:1)
13. No matter what happens, I will be ok. (Romans 8:28)
14. Because of God's promises, I am participating right now in the divine nature and escaping the corruption that is in the world. (2 Peter 1:4)
15. My love and service to others at this time is a powerful expression of God's love to everyone I meet. (1 Corinthians 13)
16. Every time I speak to the mountain of coronavirus to be removed, it decreases dramatically. (Mark 11:23)
17. In every situation I face, there is always a solution. (1 Corinthians 10:13)
18. This season is an hour of great opportunity, supernatural provision, and breakthrough for me and those I am close to. (2 Kings 4:1-7)
19. God is comforting, strengthening, healing, and providing for those who have been negatively impacted by the coronavirus. (2 Corinthians 1:3-4)

20. I am experiencing increased levels of intimacy with the Lord at this time. (Philippians 3:8)
21. I am unaffected by the spirit of fear and am in perfect peace. (2 Timothy 1:7)
22. I am a safe place for those around me, and my great faith covers and encourages those experiencing fear. (Galatians 6:1)
23. The Spirit in me is greater than the spirit in the world. (1 John 4:4)
24. Because I am a follower of Jesus, I have the greatest gift of eternal life right now. (John 3:16)
25. My God is the same yesterday, today, and forever. He has delivered me in the past, and He will deliver me in this also and make me a source of strength and peace to others. (1 Samuel 17:34-35)